

Breakfast Menu Till 2pm daily

Porridge (Vg) Chia infused porridge, granola, golden syrup, poached pear, berry compote				14
Belgian Waffles or Pancakes w/ butterscotch, toasted coconut, macadamia crumb, Berry compote + cream				18
OR w/ bacon, grilled banana, maple syrup + cream				20
Smashed Avo (GFA) Whipped with basil ricotta, on wholegrain toast, chilli jam,			17	
Grilled tomato + lime salt	w/ poached egg	19	w/ bacon	22
Breakfast Burger (GFA) Bacon, fried egg, lettuce, cheese, relish, aioli, on brioche bun				17
			w/ hash brown	19
Free Range Eggs (GFA) Eggs poached, fried or scrambled on toasted Turkish				11
Bacon & Eggs (GFA) Bacon + eggs on toasted Turkish				16
Sandbar Big Breakfast (GFA) Bacon, eggs, tomato, mushrooms, chipolatas, House made potato rosti on toasted Turkish				24
Chef's Brekky (GFA) Roasted pork belly, spinach, chilli beans, goats cheese, thyme crumb, sweet balsamic + toasted sourdough			w/ poached egg	21 23
Brunch Bowl (GF V) Potato rosti, spinach, haloumi, grilled tomato, avocado, Lemon tahini, dukkah + poached egg				20
Eggs Benedict (GFA) Poached eggs, fresh spinach, + hollandaise on toasted Turkish				17
w/ Thyme Mushrooms	19	w/ bacon or ham	20	w/ smoked salmon 23
Corn Fritters (GF) Corn fritters, bacon, avocado, chilli jam, rocket + parmesan salad				19
			w/ poached egg	21
Scones House made with jam + cream	one scone	4	two scones	7
Fruit Toast thick cut with maple butter				8
Banana Loaf thick cut with maple butter				7
Muffins check for today's flavours				6
Croissant Ham + Cheese	10		Plain w/ jam + butter	7
Toast toasted Turkish, sourdough, or wholegrain + condiments				7
Add it on: grilled tomato, 2 eggs, chilli beans, hash brown (2), chipolatas, spinach,				4
Potato rosti, thyme mushrooms				4
Bacon, ham, smashed avo, GF toast (2), Sourdough toast (2), Turkish toast (3)				6
Salmon, haloumi, pork belly				8

DIETARY REQUIREMENTS: For anaphylaxis, coeliac or any other dietary requests, please alert our staff to assist you with menu choices. Whilst all care is taken when catering for special requirements, we cannot guarantee an allergy free environment. Please note that within the premises we handle nuts, seafood, shellfish, sesame seeds, wheat flour, eggs, fungi, meat, onion, garlic & dairy products. NB: not all ingredients may be listed.